**My Daily Program**

I get up at 7 o'clock in the morning. I do my morning exercises, wash myself and dress. Then I have breakfast. At 8 o'clock I leave home and go to the Institute. As a rule I come to the Institute at a quarter to 9. The lessons begin at 9 sharp. Today we have two lectures, a seminar and an English lesson. At our English lessons we read texts, ask and answer questions and do all sorts of exercises. We do not write many exercises. We usually write exercises at home. We speak English at the lessons. We speak English a little now, but we want to speak English well.

At about 1 o'clock I generally have dinner in the canteen. I come home at about 6 o'clock. I have supper and do my homework. I always do my homework in the evening, but I never work late in the evening. At 11 o'clock I go to bed.